

Sacred Heart  
Catholic Primary School



Learning in Love

# Sacred Heart Primary School Prayer Book

## Year 6



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At Sacred Heart School, our core values are guided by Faith, Hope, and Love, with Christ at the centre.

We nurture a love of learning rooted in truth, respect, and compassion.

Prayer is central to our community, with students reciting daily prayers and engaging in reflection.

## **What is prayer?**

We pray when we talk and listen to God.  
There are many different prayers we can use.  
We can pray privately on our own or we can  
pray with others in a group.  
We can pray within our family or with our  
friends.



## **Where can we pray?**

We can pray anywhere: in church, at home, at  
school or any other place such as while  
travelling or waiting somewhere.  
God is always ready to listen and talk to us.





# Our School Prayer



O Sacred Heart of Jesus,  
I employ the grace to  
love you daily  
more and more.



Amen



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# Sign of the Cross

In the name of the  
Father,  
and of the Son,  
and of the Holy Spirit.  
Amen



# Our Father

Our Father, who art in heaven,  
hallowed be thy name. Thy kingdom  
come.

Thy will be done on earth, as it is in  
heaven. Give us this day our daily  
bread, and forgive us our trespasses,  
as we forgive those who trespass  
against us, and lead us not into  
temptation, but deliver us from evil.

Amen



# Hail Mary

Hail Mary, full of grace, the Lord is  
with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb,  
Jesus.

Holy Mary, Mother of God,  
pray for us sinners now and at the  
hour of our death.

Amen



# Morning Prayer

Oh my God I give to you.  
All that I think, or say, or  
do.

All my work and all my  
play.

I shall give to you today.

Amen



# Before Lunch Prayer

Bless us O Lord, as we sit  
together.

Bless the food, we eat  
today.

Bless the hands that make  
the food.

Bless us O Lord.

Amen



# After Lunch Prayer

Thank you God for the food  
we have eaten.

Thank you for our friends.

Thank you God for  
everything.

Amen.

Give  
**Thanks!**



# End of day prayer

Oh my God I come to say,  
thank you for your love today.  
Thank you for my family and all  
the friends you give to me.  
Guard me in the dark of night  
and in the morning, share your  
light.

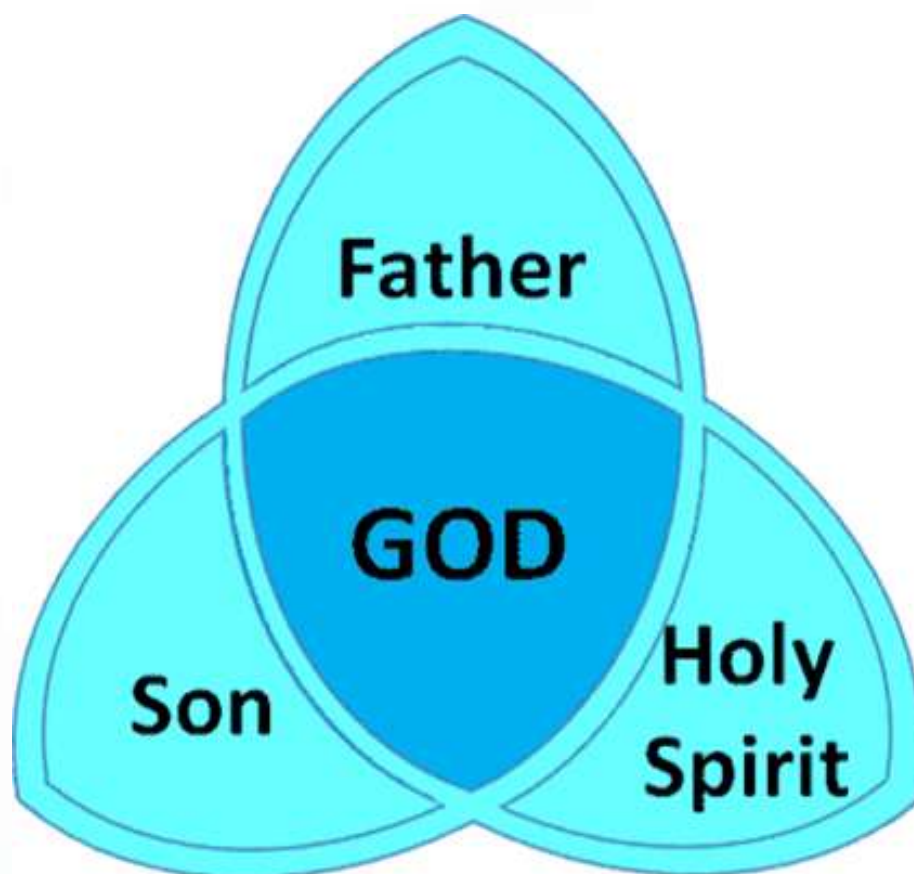
Amen



# Glory Be to the Father

Glory be to the Father,  
and to the Son, and to the  
Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.



## The Apostles' Creed

I believe in God, the Father almighty Creator of  
heaven and earth, and in Jesus Christ, his only  
Son, our Lord,

who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;

on the third day he rose again from the dead; he  
ascended into heaven,  
and is seated at the right hand of God the Father  
Almighty;  
from there he will come to judge the living and  
the dead.

I believe in the Holy Spirit, the holy catholic  
Church, the communion of saints, the  
forgiveness of sins, the resurrection of the body,  
and life everlasting.

Amen.

# The Act of Contrition

O my God, because you are  
so good,  
I am very sorry that I have  
sinned against you,  
and with your help I will try  
not to sin again.

Amen



# The Angel of God

Angel of God,  
my guardian dear,  
to whom God's love commits  
me here, ever this day be at  
my side,  
to light and guard, to rule and  
guide.

Amen.



## Come Holy Spirit

**V.** Come, Holy Spirit, fill the hearts of  
your faithful.

**R.** And kindle in them the fire of your  
love.

**V.** Send forth your Spirit and they shall  
be created.

**R.** And you will renew the face of the  
earth.

Let us pray

O God, who by the light of the Holy  
Spirit, did instruct the hearts of your  
faithful, grant that by that same Holy  
Spirit, we may be truly wise, and ever  
rejoice in your consolation, Through  
Christ our Lord.

Amen.

# The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

## The Joyful Mysteries

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

## The Sorrowful Mysteries

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

## The Luminous Mysteries

1. The Baptism of Jesus in the River.
2. The Wedding at Cana.
3. The Proclamation of God's Kingdom.
4. The Transfiguration of Jesus.
5. The Institution of the Eucharist.

## The Glorious Mysteries

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.

# Act of Faith

My God, I believe in you and all  
that your Church teaches,  
because you have said it,  
and your word is true.

# Act of Hope

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and your power.

# Act of Love

My God, because you are so good,  
I love you with all my heart, and for your sake,  
I love your neighbour as myself

# The Magnificat

My soul proclaims the greatness of the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked upon his handmaid in her lowliness;  
for behold, from this day forward, all generations will call me blessed.

For the Almighty has done great things for me, and holy is his name. His  
mercy is from age to age  
for those who fear him.

He has made known the strength of his arm,  
and has scattered the proud in their conceit of heart.  
He has cast down the mighty from their thrones and has exalted those who  
are lowly. He has filled the hungry with good things, and has sent the rich  
away empty.

He has helped his servant Israel, mindful of his mercy, even as he promised  
to our fathers, to Abraham and his descendants for ever.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the  
beginning, is now, and ever shall be, world without end.

Amen.

