

Sacred Heart
Catholic Primary School



Learning in Love

Sacred Heart Primary School Prayer Book

Year 3



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Learning in Love

At Sacred Heart School, our core values are guided by Faith, Hope, and Love, with Christ at the centre.

We nurture a love of learning rooted in truth, respect, and compassion.

Prayer is central to our community, with students reciting daily prayers and engaging in reflection.

What is prayer?

We pray when we talk and listen to God.
There are many different prayers we can use.
We can pray privately on our own or we can
pray with others in a group.
We can pray within our family or with our
friends.



Where can we pray?

We can pray anywhere: in church, at home, at
school or any other place such as while
travelling or waiting somewhere.
God is always ready to listen and talk to us.





Our School Prayer



O Sacred Heart of Jesus,
I employ the grace to
love you daily
more and more.



Amen



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Sign of the Cross

In the name of the
Father,
and of the Son,
and of the Holy Spirit.
Amen



Our Father

Our Father, who art in heaven,
hallowed be thy name. Thy kingdom
come.

Thy will be done on earth, as it is in
heaven. Give us this day our daily
bread, and forgive us our trespasses,
as we forgive those who trespass
against us, and lead us not into
temptation, but deliver us from evil.

Amen



Hail Mary

Hail Mary, full of grace, the Lord is
with thee.

Blessed art thou amongst women,
and blessed is the fruit of thy womb,
Jesus.

Holy Mary, Mother of God,
pray for us sinners now and at the
hour of our death.

Amen



Morning Prayer

Oh my God I give to you.
All that I think, or say, or
do.

All my work and all my
play.

I shall give to you today.

Amen



Before Lunch Prayer

Bless us O Lord, as we sit
together.

Bless the food, we eat
today.

Bless the hands that make
the food.

Bless us O Lord.

Amen



After Lunch Prayer

Thank you God for the food
we have eaten.

Thank you for our friends.

Thank you God for
everything.

Amen.

Give
Thanks!



End of day prayer

Oh my God I come to say,
thank you for your love today.
Thank you for my family and all
the friends you give to me.
Guard me in the dark of night
and in the morning, share your
light.

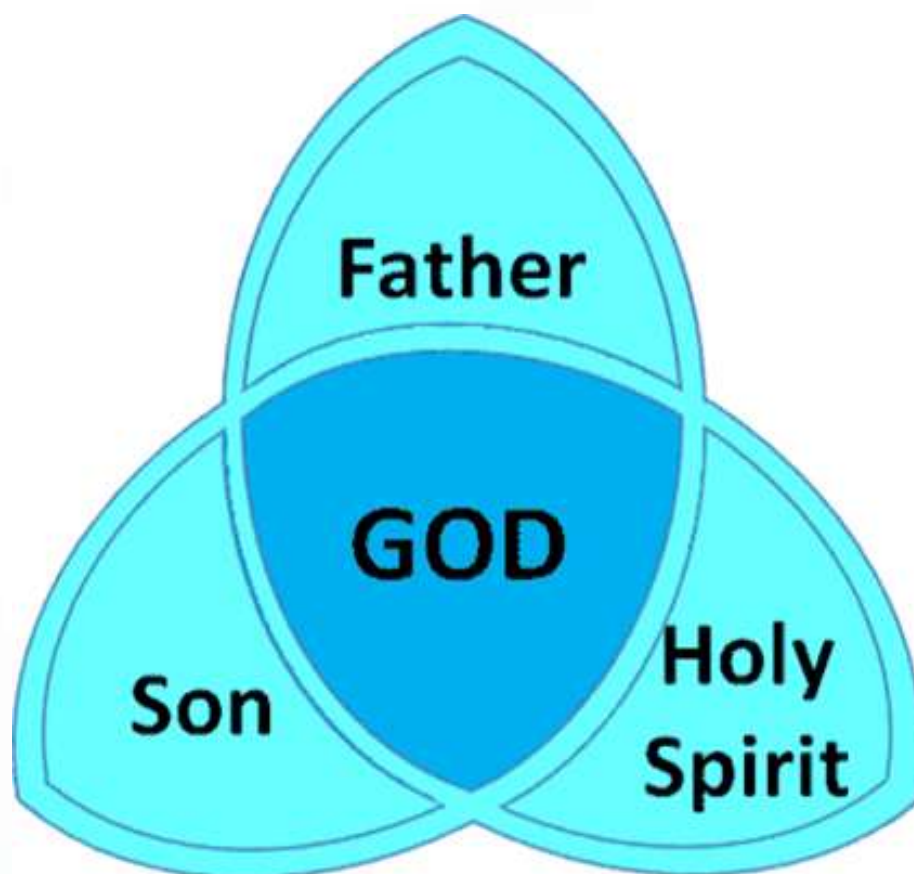
Amen



Glory Be to the Father

Glory be to the Father,
and to the Son, and to the
Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.



The Apostles' Creed

I believe in God, the Father almighty Creator of
heaven and earth, and in Jesus Christ, his only
Son, our Lord,

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;

on the third day he rose again from the dead; he
ascended into heaven,
and is seated at the right hand of God the Father
Almighty;
from there he will come to judge the living and
the dead.

I believe in the Holy Spirit, the holy catholic
Church, the communion of saints, the
forgiveness of sins, the resurrection of the body,
and life everlasting.

Amen.

The Act of Contrition

O my God, because you are
so good,
I am very sorry that I have
sinned against you,
and with your help I will try
not to sin again.

Amen



The Angel of God

Angel of God,
my guardian dear,
to whom God's love commits
me here, ever this day be at
my side,
to light and guard, to rule and
guide.

Amen.

