

The consultation will also form part of our next Parents' Forum session on Saturday 21st March at 10.00am. This will be a good opportunity to hear more, ask questions and share your views.

Parents' Forum

The next Parents' Forum will take place on Saturday 21st March at 10am in the music room. A questionnaire will be sent out on Monday for parents and carers to comment on the items on the agenda. There will also be a chance to raise additional questions.

Lenten Prayers

During Lent, families are very welcome to join us in our Prayer Garden each Thursday morning from 8:30-8.35am for Lenten Prayers.

Memory Lane Club

We have been proud to send groups of children to the Memory Lane Club at Sacred Heart church this academic year. This week it was the turn of some of our year 4 children and they were superb ambassadors for Sacred Heart. Thank you to all the children who took part and to Mr Bush for taking the children and supporting them in their role.

Online Safety Newsletter

We hope you enjoyed the first issue of our new Online Safety Newsletter, that was sent out yesterday. There will be a new issue each month to provide helpful tips, information and guidance on how to keep children safe online.

Smarties Tubes

Thank you to everyone who returned their Smarties tubes filled with coins for the PSA.

New Mentor Dog

Last month, we sadly said goodbye to Luna, our wonderful school dog, who supported so many children in our school. We had the opportunity to thank Luna (and her owner Ana!) in assembly. This week we have welcomed Mishka, our new school dog, to Sacred Heart. Mishka is a trained mentor dog and it was lovely to see her meet some of the children she will be working with in the coming weeks.



Year 5 - Big Lent Walk

St Kateri & St Paul Class are taking part in the Big Lent Walk, raising money for CAFOD. Together they aim to walk 200km over 40 days to think about how we can help others, especially those who are poorer than us.

If you would like to make a donation to support them, click here: [Year 5 Big Lent Walk](#)

Join Donna Dove in a live, online talk for parents on Tuesday 24th March 2026
7:30 - 9:00pm

PAPAYA

Let's talk about our kids and their tech

ONLINE PARENT TALK WITH DONNA:

SACRED HEART RC PRIMARY SCHOOL PARENT TALK
TUESDAY 24TH MARCH 2026 – 7:30 PM to 9:00 PM

JOINING INFO:

Please use the link at the bottom of the page



Donna Dove

Donna is a primary school teacher with 27 years' experience and serves as the Well-being and Emotional Health Lead at her school. She also runs a children and family life coaching business, supporting families with mindset, communication, and overcoming limiting beliefs.

Having worked closely with children and as a mum to three daughters, Donna has seen firsthand the emotional challenges and hidden risks posed by smartphones in today's digital world. This has fuelled her passion for educating children, parents, and adults about digital overwhelm. Donna empowers families to develop healthy tech habits and encourages a return to joyful, creative childhoods rooted in real-world connection.

PAPAYA

Helping families to thrive in a digital age

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming.

Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Donna unpacks some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

Topics

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

"The talk is so relevant, full of insight and eye-opening. You will walk away inspired to connect, reflect, and find out more. I highly recommend it."

— Claire Curtis, parent and SFC volunteer.



[Sacred Heart RC Primary School—Papaya Parent Talk with Donna Dove](#)

This Week in St Joseph Vaz Class

This week in St Joseph Vaz we have been celebrating British Science Week along with the rest of the school. We have had so much fun learning about David Attenborough and watching some of his Blue Planet documentary.



This Sunday is Mother's Day and the children had fun decorating cards for the special women in their lives.

We took inspiration from our artist of the term, Katie Vernon, as she often uses water colour painting to create nature scenes, plants, and animals, inspired by her time as a florist.

SCHOLASTIC TRAVELLING BOOKS

Every book you buy earns **FREE BOOKS** for our school!

COME TO OUR BOOK FAIR

AND FIND YOUR NEXT FAVOURITE READ!

DOG MAN Big Jim Believes
By Dav Pilkey

DIARY of a Wimpy Kid PARTYSPOOPER
By Jeff Kinney

POKEMON MEGA EVOLUTION HANDBOOK
By The Pokémon Company

Capularia Kingdom
By Cora

The Scarecrow's Wedding
By Julia Johnson-Pell, Schuffel

TOM GATES PESKY PETS PARTIES
By Liz Pichon

GO ALL IN. National Year of Reading 2020

Scan to pay securely online!

DATE: _____ TIME: _____

LOCATION: _____

QR code for online payment

School Book Fair Coming Next Week!

We're excited to announce that our School Book Fair will be open from Tuesday afternoon!

This is a fantastic opportunity for children to explore a wide range of exciting books and discover new stories to enjoy.

The Book Fair will take place after school, in the playground and families are welcome to visit after school. Payment can be made by cash or card, making it easy for everyone to take part.

Every purchase helps support our school by earning rewards that can be used to buy new books for our classrooms and library. We hope to see lots of families there and inspire a love of reading across the school!



From The PSA

Smarties Challenge

Thank you to everyone who brought back their filled smarties tubes. We are so pleased to say you all raised over £450!!

Easter Egg Hunt 🐰🥚

Don't forget to book your Easter egg hunt ticket and let us know of any dietary requirements by Monday 23rd March. For those who have never been before it is a great event where children follow the clues and then receive a chocolate Easter egg at the end
booking link:

<https://www.pta-events.co.uk/sacredheartpsa/index.cfm?event=event&eventId=114530#>

Thanks so much
Have a great weekend
The PSA Committee



LET'S CELEBRATE

Headteacher's Award

Early Years	Juwal J	Key Stage 1	Kavannah N-J
Lower Key Stage 2	Sophie J	Upper Key Stage 2	Gaia S

Class	Star of the Week	Maths Champ
St Francis	Ezra F	Roman B
St Bernadette	Meadow M	Yesung S
St Patrick	Jackson M	Gia N
St Rose	Ellie O'S	Nandana R
St Oscar Romero	Martha D	Sami T
St Elizabeth	Amaya H	Melisa Z
St Joseph Vaz	Benicio B	Mayuvanth S
St Josephine	Mylo S	Tara D
St Maximilian	Adelyn R	Chara K
St Clare	Skie N	Mandaan M
St Peter	Mila G	Timur O
St Kateri	Miguel G A	Caroline M M
St Paul	Kace P	Norah K
St Andrew Kim	Taein K	Finn D
St Teresa	Arin P	Mason L