

20th March 2026

# Sacred Heart Herald

Sacred Heart  
Catholic Primary School



Learning in Love

Gospel: John 9:1,6-9,13-17,34-38

Word of the Week: Healing



## KEY DATES

**Sat 21st March** -  
10am Parents' Forum in the  
Music Room

**Monday 23<sup>rd</sup> March** -  
All who celebrated Eid last  
week are invited to wear  
cultural or national attire to  
school.

**Tues 24th March** -  
St Oscar Romero Feast Day

2pm Rock Steady Concert

7:30pm - 9:00pm - Online  
talk with Donna Dove - 'Our  
Kids and Their Tech'

**Thurs 26th March** -  
9am Stations of the Cross  
Service, Rec - Y6

**Fri 27th March** -  
School Closes 1.30pm

**Mon 13<sup>th</sup> April**-  
Summer term begins

**Parents' Calendar**  
**2025-2026**

## Parents' Forum

Thank you to all those who completed the Parents' Forum survey. The Forum takes place at 10am tomorrow in the music room (access from the back of school). All parents are welcome, even if you didn't complete the form. We will be discussing the consultations about joining the Trust and the possible changes to Nursery. We will also discuss the new behaviour policy and the Smartphone Free Childhood movement.

## Smarties Tubes

We neglected to mention in last week's newsletter the winners of the prizes for this initiative! St Rose class collected the most Smarties tubes and St Peter class raised the most money, with one tube containing £25! Both classes win an Own Clothes Day. The class teachers will communicate when this will take place. We would also like to thank Tesco, New Malden, for providing us with lots of the Smarties to use for our fundraiser.

## Sacred Heart Cookbook

One of the highlights of our year is undoubtedly International Day in May. It's a wonderful celebration of the diverse cultures that make our school so vibrant, and nothing brings us together quite like the "universal language" of good food. To capture this spirit and raise vital funds for the school, our PSA is creating a Community Cookbook, and we need your favourite family recipes to make it a success!

Whether it's a traditional dish passed down through generations or a modern family favourite, we want to feature the recipes that represent you. Please submit your entries via [this link](#) by the end of the Easter Holiday (deadline is Monday 13<sup>th</sup> April). We can't wait to see the delicious heritage of our school captured in print—thank you for helping us cook up something special!

## Eid Mubarak

We wish a very Happy Eid to all our families celebrating! To mark the occasion as a school community, the PSA will be providing a 'sweet treat' for all children at the end of the day on Monday. We have ensured that allergies and dietary requirements are catered for. Thank you to our PSA for making this possible. All who celebrate are invited to wear national/traditional attire on Monday.



In Art Club this term, we spent a few weeks creating our own spring collages.

We used a range of techniques and a variety of different media, such as paint for the background, buttons for the flowers & blossoms, coloured sand to add texture, lentils and split peas for the sun and modelling clay to create insects, birds and small creatures.



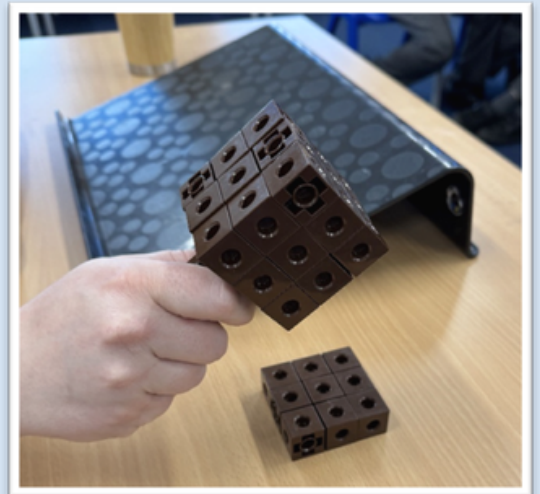
The children thoroughly enjoyed the process and loved exploring their creativity through such fun and hands-on activities.

## This Week in St Paul Class

In St Paul class this week, the classroom was transformed into a courtroom during their RE lesson, as the children put Pontius Pilate on trial. Taking on roles such as judges, lawyers, soldiers and the crowd, the children explored the question: Was he responsible for Jesus's death?



Through thoughtful debate, the jury reached their verdict, with one child explaining, "We find Pontius Pilate guilty for convincing the chief priests and crowd of something that is simply not true," while another argued, "We find Pontius Pilate not guilty as at the time of this, he was with us discussing other matters."



The lesson was a great success, with one child sharing, "We love our RE lessons because they are so creative and engaging, sometimes it feels like we were really there!"

Join Donna Dove in a live, online talk for parents next Tuesday 24<sup>th</sup> March 2026  
7:30 - 9:00pm

**PAPAYA**

# Let's talk about our kids and their tech

ONLINE PARENT TALK WITH DONNA:

SACRED HEART RC PRIMARY SCHOOL PARENT TALK  
TUESDAY 24TH MARCH 2026 – 7:30 PM to 9:00 PM

JOINING INFO:

Please use the link at the bottom of the page



Donna Dove

Donna is a primary school teacher with 27 years' experience and serves as the Well-being and Emotional Health Lead at her school. She also runs a children and family life coaching business, supporting families with mindset, communication, and overcoming limiting beliefs.

Having worked closely with children and as a mum to three daughters, Donna has seen firsthand the emotional challenges and hidden risks posed by smartphones in today's digital world. This has fuelled her passion for educating children, parents, and adults about digital overwhelm. Donna empowers families to develop healthy tech habits and encourages a return to joyful, creative childhoods rooted in real-world connection.

**PAPAYA**

## Helping families to thrive in a digital age

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming.

Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Donna unpacks some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

## Topics

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

*"The talk is so relevant, full of insight and eye-opening. You will walk away inspired to connect, reflect, and find out more. I highly recommend it."*

— Claire Curtis, parent and SFC volunteer.



[Sacred Heart RC Primary School—Papaya Parent Talk with Donna Dove](#)

## From The PSA

### Easter Egg Hunt – Don't Miss Out!

Please remember to book your tickets for the Easter Egg Hunt:

<https://www.pta-events.co.uk/sacredheartpsa/index.cfm?event=event&eventId=114530#>

- Booking deadline: Wednesday next week (25th March)
- Dietary requirements deadline: Monday next week (23rd March)

As we do not have access to school data, we can only cater for dietary requirements if parents contact us directly. Please email any requirements to: [sacredheart.psa@gmail.com](mailto:sacredheart.psa@gmail.com)

The weather is looking dry and we're pleased to confirm that the Hut, crazy golf, and park toilets will all be open, making it a fantastic afternoon for everyone and a great way to end the term.



### Save the Date – Mini Marathon (27th April)

Watch out for more exciting details next week about the upcoming Mini Marathon, taking place on 27th April from 11am, coinciding with the London Marathon.

There will be food and drink on offer and Sean McInnes Sports Coaching are kindly providing some coaches for the day who will be leading warm up and helping encourage and support our children as they run the course. It's shaping up to be a really fun community event—one for the whole family!

### PSA Meeting – Please Join Us

Our next PSA meeting will be held on: Wednesday 15th April, 8:00pm

The Earl Beatty, Motspur Park

We'd love you to join us to:

- Share ideas for the summer fair
- Give feedback on what we've done so far this year and share ideas for next year
- Hear updates on funds raised and how they've been spent

Your input really matters and helps shape what we do next. The PSA is the school community, and the committee is just a small team of volunteers trying to make things happen. We truly rely on your support, ideas, feedback and help—whether big or small. Any contribution and every attendance means a great deal to us and makes a difference.

Thank you for your continued support—we look forward to seeing many of you at these upcoming events!

Have a great weekend

The PSA Committee

# LET'S CELEBRATE

## Headteacher's Award

Early Years	Oscar C	Key Stage 1	Lavina K
Lower Key Stage 2	Christian D C A	Upper Key Stage 2	Olivia B

Class	Star of the Week	Laureate
St Francis	Chansong C P	Luca L
St Bernadette	Conor G	Riyan R
St Patrick	Jiho E	Roela G
St Rose	Eyllish T	Madalena M
St Oscar Romero	Antonina S	Oliver F
St Elizabeth	Talha A P	Harry G
St Joseph Vaz	Gabriella C	Annie T
St Josephine	Eimear E	Nitika S
St Maximilian	Dana T	Maite S M
St Clare	Isaiah O	Adam T
St Peter	Eira H	Roksolana C
St Kateri	Evie G	Ollie Z
St Paul	Anna-Sofia L	Krish P
St Andrew Kim	Rozmeenae S	Rebekah L
St Teresa	Albie G	Oscar E